

Shoot Academy Annual Report & Accounts

June 2022 – April 2023



Shoot Academy

Togetherhness Excellence Acceptance Respect

Shoot Academy 2019/20 Annual Review

Shoot Academy Farnborough is a local Christian charity that serves the local schools, community and Churches through various sporting activities/projects. Our vision is to give young people and the opportunity to reach their potential through sports, coaching and mentoring by demonstrating the love of Jesus.

We have supported local young people/children in 2021 – April 2022 reaching over 150 young people and children through after school activities, Saturday morning football sessions, Mentoring sessions, Self esteem sessions, & Boxercise Online & Physical

Young person A “The one to one sessions has really helped me lately. I felt low but Mr McGowan really listens and encourages me. “He makes me feel really safe”

Young Person B “Without the football on a Saturday morning I would have maybe got in a bit of trouble”

Parent “This Charity has supported my Daughter during school, The anxiety course has helped her become more confident and she no longer becomes anxious at attending school

Effects we have had.

When C started playing football, he would be quite aggressive and storm off the pitch if the team lost. He would not really engage with his team and was often excluded from school activities. The charity quickly established a rapport on C and worked on his anger, encouraging him to play as a team member. Mark McGowan worked once a week with him and at training and he gradually started to become more involved and less angry. C is now a full member of the football team and is now club Captain.



RESPECT
the
GAME
Give it. Get it.

Activities

One to one sessions, Friendship clubs and Self esteem, Anxiety Management programmes.

It has purchased some useful material to add this delivery and the secondary school students really enjoy the weekly sessions.

The charity has 2 football teams an under 13 (14 players) and a under 16 (15 players). The teams train once weekly and play every Saturday throughout the season (September – May). The teams have various abilities that play in the teams. We have boys that have anger issues, ADHD, and learning disabilities. We work alongside the parents and player to support and encourage them.

The Charity also delivered a weekly Boxercise session at a local school from September - November 2022.

When planning our activities and projects for the year the trustees and Director have considered the commission's guidance on the young people's benefit and in particular, the specific guidance on charities that work in religion, children, and young people.

To continue the work, it is important we continue to work alongside the local schools, Hampshire Football Association and the National Football Association as well as safeguarding agencies, and the local county FA.



Achievements & Performance

Shoot Academy are keen to offer a range of services during the week and weekends over the course of the year that our community find both beneficial and fulfilling.

Our boxercise sessions started in Person in October 2022 reaching 10 students on a weekly basis. This is continuing into 2022

The charity also introduced a Anxiety Management and one to one sessions to a local school reaching 12 year students each week.

Mission and Evangelism

Giving young people/ children the opportunity to develop emotionally, mentally, and physically through sharing our faith has been incredibly well received.

Our newsletter is sent out to over 100 subscribers every quarter. The newsletter keeps our parents, schools, churches, and the wider community informed of the important matters and developments as well as the good news affecting the charity.

Sponsors and Partners

Shoot Academy have been very humbled by the continuing support of the local county councillors. Being able to have the use of facilities has seen the charity continue to deliver the project it is delivering. We continue to have some strong support by some churches in the community offering various ways of support.

We are incredibly grateful to a local company **Elite Sports Marketing Ltd** who has sponsored the football kits and equipment. They have supported by donating some monies towards the players yearly fees, which enables us to waive some players which have allowed them to play football. They also donated some monies over the Christmas period for us to donate 6 Hampers for low income families which was well received also some subs for the players that on low income.

We have also had support from McDonalds who also provided funds for equipment.

Shoot Academy would also like to thank the individual supporters who give monthly, quarterly, or at any other times throughout the year. We simply could not continue without the generosity.

We have also developed fantastic relationships with one local churches.



Christmas Hampers delivered to Low income Families



Reserve Policy

It is Shoot Academy policy to maintain a balance on unrestricted funds | (if possible) which equates to at least 2 months.

Volunteers

We would like to thank all the volunteers who work so hard to make Shoot what it is and to reach the community. We would like to mention Mr Paul Bland who have worked so tirelessly over the recent months. Helping us to understand the charities accounts and budgets. We would also like to thank past and present trustees in making Shoot what it is today.

Structure, Governance, and Management & Responsibilities

Shoot Academy has one Director, and four Trustees. They meet once every quarter to discuss various aspects of the charity. The charity also has 3 other football coaches who has input into the under 12 and under 14 football teams.

All minutes of meetings are recorded and agreed by all trustees.

2023/24 – The Future

The charity plans to continue with two footballs teams playing in the local North East Hampshire Youth League for season 2021/22. An under 13 and under 16 These will play their home games at Cove Secondary school, & Fernhill School another local school the charity have partnered with. Farnborough. The Mentoring continue to be of value to the schools and we hope to be able to develop this with more group work.

Chair of Trustees Report

Once again we are delighted to be able to keep subs for the football team to a minimum and have waived some players subs so that they can continue to play.

The Charity have continued to delivered some excellent and much needed work for a local secondary school especially as many You8ng people are continuing to recover from the lock downs.

I would like to Thank our Sponsors Elite Sports Marketing for the support especially assisting with the players yearly fees and the hampers.

A fantastic team effort

Well done to all

Mr Paul Bland

Shoot Academy

Chair of Trustees.

Financial Report 2022-22

		Shoot Academy		1177393	
Receipts and payments accounts					
		For the period from	2021-10-01	To	2022-05-31
					CC16a
Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Boxercise grant	0			0	0
Boxercise receipts	0			0	0
Cheerleading receipts	0			0	0
Football receipts	4,140			4,140	4,940
Other receipts	236			236	289
Gifts	4100			4,100	6830
Individual donors	3,470			3,470	3,700
GBAA	854			854	861
Lottery	135			135	291
Sub total/(Gross income for AR)	13,044	0	0	13,044	17,101
A2 Asset & investment sales					
	0	0	0	0	-
	0	0	0	0	-
Sub total	0	0	0	0	0
Total receipts	13,044	0	0	13,044	17,101
A3 Payments					
Boxercise costs	0			0	1,485
School outreach	450			450	953
Football costs	8,843			8,843	8,074
Social payments	200			200	132
Charity costs	898			898	1,868
Salaries	3,900			3,900	4,960
	0			0	0
	0			0	0
	0			0	0
Sub total	14,291	0	0	14,291	17,537
A4 Asset & investment purchases					
	0	0	0	0	0
Sub total	0	0	0	0	0
Total payments	14,291	0	0	14,291	17,537
Net of receipts/(payments)	-1,247	0	0	-1,247	-386
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	3815	0	0	3,815	4,201
Cash funds this year end	2,568	0	0	2,568	3,815



Administrative Information.

Shoot Academy has no buildings or assets as such. The Structure/management is as follows:

Mark McGowan – Director

Treasurer & Chair – Mr Paul Bland

Trustees: Mr Chris Nyamunga

Miss Jo Phillips

Mr James Hopkin

Signatures

Mr P Bland (Chair)	Signed	Date
(Chair)		

Mr M McGowan	Signed	Date
(Director)		

Approved by the full board on 29th May 2023